

LUNCH

This Institution is an Equal Opportunity Employer

APRIL 2021
Mt Ararat Middle School

All meals are free for the remainder of the year
Menu Subject to change without notice

Monday

Tuesday

Wednesday

Thursday

Friday



5
Chicken Patty Sandwich
On Whole Grain Bun
Oven Roasted Potato Wedges
Orange Slices
Milk
2nd Option Turkey OR Cheese Sandwich

6
Pasta & Red Sauce
Tossed Salad
WG Dinner Roll
Fruit
Milk
2nd Option Turkey OR Cheese Sandwich

7
Chef's Choice

1
Teriyaki Bites
Rice
Pineapple
Fortune Cookie
Milk
2nd Option Ham OR Cheese Sandwich

2
Pizza Munchable
Flatbreads, sauce, cheese, Peperoni
OR
Hummus Munchable, Hummus, Pretzels,
Baby Carrots, Celery
Apple
Milk
2nd Option Ham OR Cheese Sandwich

12
Chicken Noodle Soup
Grilled Cheese Sandwich
Fruit
Baby Carrots
Milk
2nd Option Ham OR Cheese Sandwich

13
Turkey Ranch Club Wrap
Fun Chips
5 Bean Salad
Fruit
Milk
2nd Option Ham OR Cheese Sandwich

14
Chicken Broccoli Alfredo
Caesar Salad
WG Roll
Dragon punch
Milk
2nd Option Ham OR Cheese Sandwich

8
Popcorn Chicken Bowl
WG Dinner Roll
Grapes
Milk
2nd Option Turkey OR Cheese Sandwich
Meal Pick up Day

9
Pulled Pork Sandwich
Vegetarian Baked Beans
Coleslaw
Plum
Milk
2nd Option Turkey OR Cheese Sandwich

15
Pizza
Potato Salad
Sun Chips & Apple
Ice Cream Cup
Milk
2nd Option Ham OR Cheese Sandwich
Meal Pick up day

16
Professional Development Day

No School

19
April Break

No School

20
April Break

No School

21
April Break

No School

22
April Break

No School

23
April Break

No School

26
Chicken & Waffles
Applesauce Cup
OR
Spinach & Strawberry Salad
Milk
2nd option Turkey OR Cheese Sandwich

27
Spaghetti & Meat Sauce
Garlic Breadstick
Veggies & Dip
Milk
2nd option Turkey OR Cheese Sandwich

28
Chef's Choice

29
Burger Day
Cheese, Lettuce, Tomato
Pickles
Smile Fries & Canned Pears
Milk
2nd option Turkey OR Cheese Sandwich
Meal Pick Up Day

30
Yogurt Munchable
OR
Tuna Salad Munchable
Mixed Fruit
Milk
2nd option Turkey OR Cheese Sandwich

All Meals are free of charge for students until the end of the school year. Weekly Meal pick up will still occur on Thursday the 15th, Those bags will contain 10 Days worth of meals to cover the vacation period.

If you have any questions, please email dicarak@link75.org

